

Jody Nelson

In this new age of wii , video games and face book there are no true smiles with most but not all . I am not like most I have a true smiles . Now most that know me well and are very close to me know that I have seen things , went threw things , and have some experiences that a lot of people would not be able to handle let alone a child my age . Some adults say that I am a Hero but I am not sure who I am yet . Now threw the tragic times I only had one thing to keep me going and not completely isolate myself from friends and family . Threw my experiences I know I have acted older and mature faster I have lost sleep , connections and bonds from my experience too but I have earned things as well I earned WISDOM , UNDER STANDING , Courage but I couldn't have done it from my one outlet . Now people who have just met me think im quiet but don't worry later I wont be able to shut up. Once im in the dojo my smile is bright and full and it's a true smile . Tae kwon do wipes my mind clear from start to later in the day lets me sleep at night and gives me sweet dreams instead of night mares tea kwon do lets me be a child again for now iam still learning how to walk or kick . Tae kwon do gave me a different family and a way to express my feelings in a way I can understand . Thank you tae kwon do down to all my masters and my teachers .