**Clear Creek ~ Gilpin academy of martial arts Newsletter for December 2017 – March 2018:**

No classes for CCMRD the following days (during winter break): December 21st, 26th, 28th, January 2nd and 4th.

No classes for GCCC the following days (during winter break): December 19th, 21st, 26th, 28th, January 2nd.

Mock test on February 13, 14 and 15th. Be prepared to show us all of your stuff. You have to make it to one of these classes, it is a requirement.

Breaking class on March 6th and 7th. Required class, please make arrangements with your instructor if you cannot make it. $25.00 testing fee due at this time. If paid late the fee is $30.00 and it must be in cash. Please make sure your belt is clean so that it can be used for the next person testing for your rank.

Testing at the Lakewood Link Recreation Center, Saturday, March 10, 2018, noon. Be there at 11:30 in order to stretch and run through your things once.

Be on the lookout for information on a spring tournament, April, 2018 at the Gilpin County Community Center. We will do a potluck afterwards. We will be doing a demo.

**Additional Information Students Need to Know**: Advanced Classes held at Green Mountain are open to those students holding a rank of blue belt or higher. Advanced Classes held at The Link are still limited to those holding a rank of red belt or higher. Regular attendance is required to attend Advanced Class and these classes are still free. Please speak with your instructor if you have any questions. Advanced class at the Link is the first and the 3rd Saturday of the month. Green Mountain is the 2nd and the 4th Saturday of the month. Master Bishop does do a special class on any Saturdays that land on the 5th week.

**I'm time eligible and I know all my stuff, why am I not testing?**

Many possible reasons exist and are individual for each student so the best thing is to ask your instructor.  However, the most common culprits are attendance, sloppy technique and attitude.  Your instructors can teach you and help you, but you are responsible for practicing what you’ve learned and preparing yourself for testing.

**Can I wear any color of uniform?**

No. White belts through yellow stripe may only wear white dobalks. Blue belts and up are allowed to wear full black. At black belt, you may wear any color approved by one of the Masters, Mr. Beasley or Mrs. Rich. Keep in mind that a t-shirt during class is acceptable, if necessary. It must be white, black or one of our t-shirts. For testing you can only wear solid white uniform, with the uniform top (no t-shirts). You must be a 5th degree black belt to wear black pants with a white top to testing.

Please check out Mrs. Rich’s new website:

[**http://imyfit.gilpincounty.net/**](http://imyfit.gilpincounty.net/)

I have already posted several videos and photos. I have many, many more videos to post, so keep a watch.

Special thanks to Steve Schwettman for all the help with it.

Mountain Academy of Martial Arts website:<http://mountainacademymartialarts.com/> Mrs. Rich: 303-582-5427 (imyrrich@yahoo.com) Mr. Beasley: 303-582-1201 (jim.beasley@ionsky.com) Clear Creek Recreation Center: 303-567-4822. Gilpin County Community Center: 303-582-1453. Lakewood Link Recreation Center: 303-987-5400. Evolution Martial Arts Studios, http://evo-martialarts.com/, 7456 W 5th Ave, Lakewood, CO 80226, Dom Blum: Telephone: (720) 940-5883, dblum@evo-martialarts.com. Please feel free to contact any one of us at any time, or give our #’s out to your friends who have questions. For Mrs. Rich’s Black Hawk classes: <https://www.7healingstars.org/>.